

PATH 1 COACHING FORUM 2010

When: January 7-9, 2010

Where: West End United Methodist Church, Nashville, TN

Vision: An intensive, mentor-driven experience that allows participants to gain working knowledge in 7 core coaching skill areas in a collaborative, creative and coherent format.

Theme: This year's coach training theme is *Chart the Course* since this inaugural event launches a dynamic new ministry to support new church development across the country.

Our format is designed to assist those who want to be trained to coach, annual conference and judicatory leaders who are involved in new church development, and anyone interested in the discipline of coaching. For those interested in being endorsed as Path 1 Coaches, this training event will meet many of the requirements needed for such endorsement. We want EVERYONE who attends to become infused with passion and equipped with tools needed to coach new places for new people that transform the world.

Seven Skill Development Modules

Active and Engaged Listening with Laser Focus

Lee Hayward, Presenter

"Ears that hear and eyes that see---we get our basic equipment from God." (Proverbs 20:12, *The Message*)

Vital to an effective coaching relationship is the ability to focus completely on what the client is saying and not saying and to support their self-expression. Listening and speaking are essential in establishing trust and rapport with one another. This module will explore how being aware of language, mood and emotions, physiology and posture are key to effective listening.



Lee Hayward is an ordained elder in the United Methodist Church and serves as a minister of leadership development and executive coaching. Lee is one of eight coaches endorsed by the UMC Endorsing Agency and is ICF certified. He has 25 years of pastoral ministry experience in a variety of settings including being part of a new church start staff. His work outside the church, including consulting with NASA, provides a fresh and robust view of the church and unchurched we are called to serve.

Asking Powerful and Evocative Questions

Denise VanEck and Linnea Nilsen Capshaw, Presenters

"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."
(Matthew 7:7, NIV)

Crucial to the coaching relationship is the ability of the coach to ask questions that evoke discovery, insight, commitment or action. This module will teach participants how to probe assumptions, question viewpoints and perspectives, avoid questioning traps and to consider the cost of asking the wrong kinds of questions.



Denise VanEck is a seasoned speaker, consultant and practitioner in ministry. A specialist in leadership, team building and organizational culture, Denise works with both existing churches and new church plants to develop healthy, sustainable culture and leadership practices. Her experiences include being a Pastor of Community Life at Mars Hill Church in Grandville, Michigan. She has published in *Leadership Journal* and is the author of *Leadership 101*.



Linnea Nilsen Capshaw is a coach, facilitator, consultant and trainer working with congregations, not-for-profits and ethical organizations to guide them through organizational and leadership transitions. She has been trained by a variety of people including Brian McLaren, Jim Griffith, Bill Easum, Tom Bandy, and Sue Mallory and works with both new and established congregations. She has over 15 years experience in starting new initiatives, churches and organizations and in coaching others to do the same. Linnea has been immersed in the emerging church conversation and loves working with leaders who are incorporating these principles and practices into their new faith communities.

Supporting Planter's (Pastor's) Quest for Well-being

Barb Flory, Brad Kalajainen and Junius Dotson, Presenters

"If anyone thirsts, let him come to me and drink. Rivers of living water will brim and spill out of the depths of anyone who believes in me this way, just as the Scripture says." (John 7:38 *The Message*)

The heart is the symbolic core of the human being—the center of all our thoughts, mental processes, feelings and emotions. Our relationship with God exists in that center of our inner self and is influenced by our physical life, our emotional state, and our relationships. The church planter (pastor) needs help in seeking well-being in all these areas. One role of the coach is to support the planter (pastor) in the quest for such wholeness.



Barb Flory planted a church that is now a vibrant, young, self-sustaining congregation in one of the most economically depressed areas of the country. Barb coaches church planters and she consults in the area of church growth and leadership development. Recently, Barb became the Director of New Church Development for the West Michigan Annual Conference.



Brad Kalajainen is the founding pastor at Cornerstone Church in Grand Rapids, Michigan. Cornerstone began in 1990 and is now the largest United Methodist Church in the Michigan area. The Cornerstone Church has been a teaching church for the last ten years. Brad has served for the past few years as a consultant to the new church development team of the annual conference and has coached many planters.



Junius Dotson is a former church planter from California and now senior pastor of St. Mark United Methodist Church in Wichita, Kansas. A dynamic preacher, teacher and public speaker, Pastor Dotson is respected for his ability to establish networks that "get things done" in the faith and larger communities. He is a sought after preacher, teacher, and coach throughout the United Methodist Church and beyond.

Coaching Models and Processes for Greater Effectiveness

Kim Shockley and Phil Maynard, Presenters

"Refuse good advice and watch your plans fail; take good counsel and watch them succeed." (Proverbs 15:22 *The Message*)

Participants will be introduced to several effective coaching models including the Coaching Conversation Model (CoachU); the 5 R Model (CoachNet) and GROW (CRM/originally developed by Sir John Whitmore) and others. Mentor Coaches at each of our tables will facilitate a coaching conversation utilizing one of these models.



Kim Shockley as a coach, consultant and facilitator leads congregations and pastors through Natural Church Development and ReFocusing processes. Kim coaches pastors, and trains and mentors other coaches in the Florida Annual Conference. In her role as a spouse of a church planter who planted two congregations, Kim has experienced the joy, and challenges, that come with church planting and is ready to take on the job of helping other church planters to be successful.



Phil Maynard has over 20 years serving local congregations and now serves as the Director of Congregational Transformation for the Florida Conference where his role includes training coaches for Natural Church Development and other programs, soon to include New Realities Partnerships. His calling is to walk with leaders in the local church to help them develop healthy and missional congregations for the Kingdom.

Creating Intrinsic Motivation That Unleashes Energy

Christie Latona, Presenter

"Put God in charge of your work, then what you've planned will take place." (Proverbs 16:3, *The Message*)

Building energy, commitment and alignment around call, mission and vision is best accomplished through intrinsic rewards rather than carrots and sticks. This session focuses on how to create an alignment and accountability system that helps those invested in the new church start sustain maximum energy and passion for their work. Participants will experience implications of this approach using their own projects as case studies.



Christie Latona has been involved with the Path 1 movement before its inception as a facilitator, consultant and coach. She brings 18 years of organizational development, leadership and organizational coaching experience in both for profit and non-profit settings. She is actively engaged in helping judicatories and congregations create strategies for better aligning themselves to meet missional goals and objectives and, with her pastor, has recently written a book, *Begging For REAL Church*.



Managing Self and Others for Greater Effectiveness

Donna Gaither, Presenter

“We plan the way we want to live, but only God makes us able to live it.” (Proverbs 16:9, *The Message*)

Planting (pastor) leaders are constantly faced with too many deadlines, too many projects, too many competing demands, all of which have *top* priority. Just when things seem to be going smoothly, a crisis erupts, priorities change and the scramble is on. Coaches can help leaders learn to more effectively manage themselves, and others, to meet these demands and maximize their effectiveness.



Donna Gaither is an ordained deacon in the United Methodist Church presently serving as the Executive Director of Strategic Systems at the General Board of Discipleship. She brings over 35 years of experience in ministry, serving both in local congregations and in the wider church. She has a passion for helping people succeed in their ministry through teaching and learning, practical application, group process, and sharing of best practices.

Facilitating Stakeholder Decision Making

Paul Nixon, Presenter

“I tell you that if two of you on earth agree about anything you ask for, it will be done for you by my Father in heaven. For where two or three come together in my name, there I am with them.” (Proverbs 16:9, *NIV*)

Coaches need to help create an environment where the primary stakeholders of the church planting project engage in discussion that results in appropriate and agreed upon benchmarks, lines of accountability and roles that move the project forward in healthy ways. Participants will learn how to facilitate these conversations and keep everyone in the planting project on the same path.



Paul Nixon serves part time on the Path 1 team as a New Church Strategist responsible, among other things, for Annual Conference consultations. He is also a part-time mission developer working with young urban adults in the Washington DC area. Previously he served as Director of Congregational Development for Alabama-West Florida Conference and as the founding pastor of the Soundside Campus of Gulf Breeze UMC in northwest Florida. Paul is author of four books on church leadership, the latest of which is titled: *Finding Jesus on the Metro: And Other Surprises Doing Church in a New Day*.

Meet Our Path 1 Coaching Network Project Director

Gary Shockley



Gary Shockley is a New Church Strategist with Path 1 whose responsibilities include the development and direction of our Path 1 Coaching Network. Gary has been serving as a pastor in the United Methodist Church since the age of 18. His passion for fruitful ministry over the years as pastor, fund-raising consultant and leadership coach has resulted in revitalizing existing congregations and planting two new communities of faith. Gary is the author of two books focused on spiritual leadership and congregational development: *The Meandering Way-Leading by Following the Spirit* (2007) and *Imagining Church: Seeing Hope In a World of Change* (2009) which he co-wrote with his wife Kim, both published by Alban Institute.